



Fordley Primary School PSHE Overview

Rising 3's to Reception



	Self regulation	Managing self	Building relationships
Reception end	<p>Show an understanding of their own feelings</p> <p>Set and work towards simple goals</p> <p>Give focuses attention to what the teacher says, responding appropriately</p>	<p>Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.</p> <p>Explain reasons for rules</p> <p>Manage their own basic hygiene and personal needs</p>	<p>Work and play co- operatively and take turns with others</p> <p>Form positive attachments to adults and friendships with peers.</p> <p>Show sensitivity to their own and to other's needs.</p>
Nursery end	<p>I accept the needs of others with support</p> <p>Follow rules without reminders</p> <p>Follow rules to stay safe</p>	<p>To seek out others including adults for help</p> <p>To work out ways to calm themselves with adult support</p>	<p>To respond to the feelings of others</p> <p>Simple plans to resolve conflict</p> <p>To develop special friendships with peers</p>
Rising 3's end	<p>To establish their sense of self</p> <p>To feel strong enough to express an arrange of emotions</p>	<p>To express preference and decision</p> <p>To try new things</p>	<p>To develop friendships with other children</p> <p>To find ways to calm themselves with a ket person</p>



Fordley Primary School PSHE Overview—Y1 and Y2



	Autumn Term: Relationships			Spring Term: Living in the wider world			Summer Term: Health and Wellbeing		
PSHE Association	Families and friendship's	Safe Relationships	Respecting ourselves and others	Belonging to a community	Media and literacy and digital resilience	Money and work <i>We leave in or take out as not statutory</i>	Physical health and Mental wellbeing	Growing and changing	Keeping Safe
Year 1	Roles of different people and families, feeling cared for	Recognising privacy; staying safe; seeking permission Bullying including online	How behaviour affects others; being polite and respectful recognising responsibilities Identify dangers in different environments	What rules are; caring for others' needs looking after the environment	Using the internet and digital devices; communication online	Strengths and interests; jobs in the community	Keeping healthy; food and exercise, hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online
Year 2	Making friends; feeling lonely and getting help	Managing secrets; resisting pressures and getting help: recognising hurtful behaviour.	Recognising things in common and differences; playing and working cooperatively; sharing opinions Opposite gender differences & similarities	Belonging to a group; roles and responsibilities; being the same	The internet in everyday life; online content and information	What money is; needs and wants looking after money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts' moving class or year	Safety in different environments; risk and safety at home; emergencies



Fordley Primary School PSHE Overview—Y3—Y6



	Autumn Term: Relationships			Spring Term: Living in the wider world			Summer Term: Health and Wellbeing		
PSHE Association	Families and friendship's	Safe Relationships	Respecting ourselves and others	Belonging to a community	Media and literacy and digital resilience	Money and work	Physical health and Mental wellbeing	Growing and changing	Keeping Safe
Year 3	What makes a family; features of family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Different jobs and skills; jobs stereotypes; setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar places
Year 4	Positive friendships including online	Responding to hurtful behaviour; managing confidentially; recognising risks online	Respecting differences and similarities; discussing differences sensitively	What makes a community shared responsibilities	How data is shared and used	Making decisions about money; using and keeping safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Medicines and household products; drugs common to everyday life
Year 5	Managing friendships and peer influences	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Protecting the environment; compassion towards others	How information online is targeted; different media types, their roles and impacts	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Personal identity; recognising individuality and different qualities; mental well being	Keeping safe in different situations; including responding in emergencies, first aid and FGM
Year 6	Attraction to others; romantic relationships: civil partnership and marriage	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including discussing topical issues	Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing thing online	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement managing time online	Human reproduction and birth; increasing independence; managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media

Additional Activities during the year. Dates to be confirmed

Outside Agencies or in school up to date resources from the relevant

Mental health day

Show Racism the Red Card

Anti Bullying week

E safety Week

Sports week

LGBTQ

Harassment

Whole school mixed house Team mornings termly

Staff Well being Wednesday half termly